09:30	Juryvergadering								09:30
	Rondbaan	Ver bak 1	Ver bak 2	Hoog mat 1	Hoog mat 2	Kogel bak 1	Kogel bak 2	Vortex	
09:45									09:45
09:50									09:50
09:55									09:55
10:00	100m Msen/Mmas/	JPB/MPB	C/Mini	JPA/MPA	JPA/MPA				10:00
10:05	JA/JB								10:05
10:10	100m Vsen/Vmas/								10:10
10:15	MA/MB								10:15
10:20	100m JC								10:20
10:25						Msen/Mmas/			10:25
10:30	80m MC					JA/JB	Vsen/Vmas/		10:30
10:35	80m JD	JPA/MPA	JPA/MPA	JPB/MPB	C/Mini		MA/MB		10:35
10:40									10:40
10:45	60m MD								10:45
10:50									10:50
10:55									10:55
11:00									11:00
11:05	JPA/MPA 60m			JC/MC				JPB/MPB	11:05
11:10						JD/MD		C/Mini	11:10
11:15		Msen/Mmas/	Vsen/Vmas/						11:15
11:20		JA/JB	MA/MB						11:20
11:25									11:25
11:30									11:30
11:35	JPB/MPB/C/Mini							JPA/MPA	11:35
11:40									11:40
11:45									11:45
11:50									11:50
11:55									11:55
12:00				Msen/Mmas/	Vsen/Vmas/				12:00
12:05	JPA/MPA			JA/JB	MA/MB	JC/MC			12:05
12:10	6 minutenloop	JD/MD							12:10
12:15	B/C/Mini								12:15
12:20	4 minutenloop								12:20
12:25									12:25
12:30									12:30
12:35	Prijsuitreiking pup.								12:35
12:40									12:40
12:45		JC/MC							12:45
12:50	800m JD/MD								12:50
12:55									12:55
13:00									13:00
13:05	800m Vmas->MB								13:05
13:10					JD				13:10
13:15	800m Mmas->JB			MD					13:15
13:20									13:20
13:25	800m JC/MC								13:25
13:30									13:30
13:35									13:35
13:40									13:40
13:45	Prijsuitreiking								13:45
13:50	andere cat.								13:50
13:55									13:55
14:00									14:00